

## QA Meeting: Suggested Introduction Format

Welcome to the {Insert Your Group Name Here} Quad A meeting of Alcoholics Anonymous My name is \_\_\_\_\_ and I am an alcoholic. This is an open meeting.

I've asked a grateful recovering alcoholic to read the Quad A preamble.

I've asked a grateful recovering alcoholic to read the Quad A 12 Steps.

There are a few questions that we ask, not to embarrass anyone, but just to get to know you better.

- Is this anyone's first AA meeting in life?
- Is anyone visiting this meeting for the first time?
- Any visitors from out of town?
- Is anyone celebrating an anniversary or earth birthday?
- Is anyone in their first 30 days who would like to be recognized?
- Are there any AA announcements?

We practice the 7th tradition.

(BELOW TBD PER GROUP CONSCIOUSNESS )

This meeting alternates reading a step from the 12&12; a tradition from the 12&12; the next week a speaker gives a lead on the step that month or his or her Experience, Strength, and Hope; the week following the speaker meeting is a topic meeting. Three topics are nominated for discussion and participants speak as the spirit (or neurochemical impulse as determined by the individual's psychosocial history and genetics) moves them.

[When the meeting is a step meeting]

Today we are reading Step \_\_\_ from the 12 & 12. Would anyone like to start the reading?

[When the meeting is a tradition meeting]

Today we are reading Tradition \_\_\_ from the 12 & 12 We read the short form of the tradition from the beginning of the 12 & 12 before the entire chapter. Would anyone like to start the reading?

(After discussion.)

We close this meeting with the Serenity Statement.

Friends, grant me the serenity to accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference.